



# Welcome to Carlton Cricket Club!



We'd like to extend a warm welcome to you and your child(ren) to Carlton Cricket Club's 2025 Under-14 squad. This note is a brief introduction; there is lots more information on the [Junior section of the club website](#).

## What to expect

Under-14s train on Thursday evenings from 5 - 6:30pm, starting on 24 April, and play matches on Monday evenings throughout the summer .

## Training

The Under-14 squad trains on Thursday evenings (details above).

Carlton kit is strongly encouraged, but generally you should wear something warm and comfortable that you don't mind attracting grass or mud stains. Other club or school badges are not allowed. Carlton training kit is available from <https://www.gray-nicolls.co.uk/collections/carlton>. We also have a second-hand kit stall, which operates at various times during the season.

We expect Under-14s to have their own cricket kit: pads, abdo guard (aka "box"), gloves, bat, helmet. However, we do have some kit you can borrow in an emergency. It's also a good idea to bring a water bottle.

Finally, please label everything. We clear up astonishing amounts of unlabelled lost property every year, and it is hard to return it to its owner without a name.

## Matches

We enter two Under-14 teams in the Lothian Junior Leagues. Teams are 9-a-side; matches are 20 overs each side; bowlers can bowl 3 overs; batters retire after facing 20 balls. But the major difference from Under-12 is that "when you're out, you're out".

About half of our matches are 'double-headers' against other clubs with 2 teams in the league (Grange, MDAFS, Stew Mel & Watsons). In those weeks we will select a 1st and 2nd team to play against our opponent's equivalent teams. The other matches will be played in approximately equal teams.

Matches are on Monday evenings, we meet at 5:30 for a 6pm start. They generally last around 2-3 hours. You will play about ½ your matches at Grange Loan, the remainder at

other clubs' grounds. We play many matches in Edinburgh, but also some further afield: Livingston, Penicuik, Gala and North Berwick all play in the Lothian Junior Leagues.

We also enter teams in Under-13, Under-14 & Under-15 cup competitions. Selection for those teams is based on ability, attendance at training & league matches, and attitude; selection is made by Stevie (head coach).

We use Pitchero to announce matches, ask about availability of players, and announce teams. We'll send a separate communication with more detail about how we use Pitchero.

## Playing kit

Under-14 players must have a playing shirt. (Hopefully) we will have a new sponsor this year, so all players will need a new shirt.

For matches, please wear your Under-14 playing shirt and dark blue tracksuit trousers. Carlton blue trousers can be bought from <https://www.gray-nicolls.co.uk/collections/carlton> and are preferred, but any dark blue trousers are fine.

## Senior cricket

Some Under-14s also attend senior training and play matches for senior teams. If you are interested in playing senior cricket, you should discuss with your coaches whether you are ready for that, and which team you should sign up for.

Senior training is on Tuesdays and Thursdays, 6:30 - 8:30pm. Matches are on weekend afternoons and are 40 overs long, and there are also some midweek evening T20 matches. We use Pitchero for availability and selection in the same way as for junior matches.

We ask for an additional subs payment of £55 for U14s who also take part in senior cricket.

## Playing kit

Playing kit for senior teams is as follows.

- League matches: playing blues (sky blue shirt and dark blue trousers). Junior players playing senior cricket can wear their junior playing kit.
- 5s friendly matches: usually training blues, which can be bought from <https://www.gray-nicolls.co.uk/collections/carlton>.

## Your commitment

Under-14 cricket requires a significant level of commitment. We ask you to commit to:

- Attending at least 75% of training sessions
- Being available for at least 75% of matches.

We do recognise that family commitments, and illness, happen. But you *must* please let your coaches or team managers know as soon as you are aware of anything which will prevent you from attending training or being available for a match.

## Code of conduct

Carlton players are expected to accept, and to play by, the Code of Conduct for Junior Members (this can also be found online at [Junior codes of conduct and policies.](#))



### CARLTON CRICKET CLUB PLAYER CODE OF CONDUCT FOR JUNIOR MEMBERS

The adults at the Club should help to make cricket safe and fun. This is your job too. This means respecting other players and the people who are there to help you to learn. You should do this by:

- Accepting what the coach or umpires ask you to do in the rules of the game
- Being prepared and on time for training and games
- Playing to the best of your ability
- Respecting the coach and other helpers
- Never swearing at or insulting anyone, including other players
- Telling your parents or carers where you are, or if you are going to be late
- Following advice from coaches to keep you safe and injury free
- Never bullying other players either yourself or in a group

Bullying can take many forms, including:

- name calling
- belittling
- giving only negative feedback
- hitting
- shoving
- stealing
- damaging belongings
- spreading rumours
- making threats
- sending/posting nasty messages
- intentionally leaving people out

If you are worried about something, don't keep it to yourself. You can speak to any of the coaches at the club, or you can contact the Child Wellbeing and Protection Officer directly.

Carlton Cricket Club CWPO: Mary Rose [mary.rose1008@gmail.com](mailto:mary.rose1008@gmail.com)

If there isn't anyone you can talk to, you can contact ChildLine in Scotland on 08001111 or [www.childline.org.uk](http://www.childline.org.uk).

## How do I keep up with Carlton news and events?

You can stay informed through:

1. **Pitchero** – Match details, training updates, and event announcements. Enable notifications so you don't miss anything!
2. **Instagram (@Carltoncc1863)** – News and updates.
3. **WhatsApp Groups**
  - Team admins may create WhatsApp groups for team discussions (not for availability or selection, which is managed via Pitchero).
  - The "Arrows Chat" group is available for general Carlton discussions (family-friendly, children must have a parent in the group too). Contact your team admin if you want to be added to this group.
4. **Website ([CarltonCC](#))** – Regular news updates.

## Do you stop for summer holidays?

No! Training goes on every week from 24 April to the end of August. Lothian Juniors League matches take a break in the first week of July, but otherwise play from May to August.

## What if it rains?

We try very hard not to cancel cricket, so you will find we play on through light rain. But sometimes the weather defeats us and we have to cancel a training session. When that happens, we will announce it through Pitchero.

## Can I help?

Yes please!

All of our lead coaches for training sessions are paid professionals, but all the administration of the club and of match squads is done by volunteers. We always need help to run the club, for example:

- Helping to run the teams on Monday evenings.
- Selling and serving burgers at club social events (once the weather warms up a little).
- And various other roles.

We will make requests for help of various sorts at points through the season - please consider these positively and offer help when you can, we really appreciate all help

Alternatively, please contact Siobhan or any one of the junior committee (see below) and offer to help. It doesn't have to be a lot, a few evenings selling cakes would be a great start and a good way to meet other parents at the club.

## Can I join in?

Yes!

Some parents join Carlton to play cricket as well as their children. We run seven senior league teams including two Women's teams, plus a Sunday development side and occasional friendly games. If you're interested in playing, please contact Martin (membership secretary).

## Who should I ask ...

Contact details are all on the [Contacts](https://carltoncc.co.uk/juniors/contacts/) page: <https://carltoncc.co.uk/juniors/contacts/>, also on the noticeboard just inside the middle door of the clubhouse.

Junior cricket is managed by the Junior committee. Key contacts are:

- **Siobhan Fontenla**, junior convenor - questions generally about Carlton junior cricket.
- **Mary Rose**, Child Wellbeing and Protection Officers - questions or concerns about the wellbeing of your (or any) child.
- **Stevie Gilmour**, head coach - questions about coaching; tips on improving your child's cricket; summer camps ...
- **Charles Stronach**, cricket manager - questions about junior teams.
- **Val Stones**, kit manager - questions about club kit.
- **Kelly Foley**, Fixtures secretary and Lost property.
- **Martin Firth**, membership secretary - questions about membership and Pitchero.

We try to make sure that one of us is at training sessions to answer questions, or just for a chat about cricket.

We hope you and your children enjoy cricket as much as we and our children have done, and we look forward to seeing you at Carlton this summer.

Siobhan Fontenla & the Junior Cricket Committee