



The Carlton Lockdown Newsletter

ISSUE 2

Till the gates at Grange Loan are open again!



In this issue: Clapping for Carlton; Magnus Barelegs' Roller Days; The Greats - Andy Mac Selects; Keeping Fit for Cricket

Clapping for Carlton

Thursday evenings used to be all about training at Grange Loan. Now they are when the population hurries to its front door to say thank you in its own small way for the hard work and commitment shown by all those who are playing key roles in beating COVID-19.

It is right therefore that Carlton takes a moment to remember those of its members who are in the front line.

Long serving skipper of Carlton Women Ruth Willis is in GP practice in Glenrothes.

Anish Amin continues his important role at ERI. Commenting on the situation Anish said 'It's not so bad. It's what we trained for.' Like facing fast bowling.

All Carlton members should give them an extra clap come Thursday.

ooOoo

**Where are they now?
And what were they doing?**



Keep Fit for Cricket with Stevie Gilmour

I rarely like fitness work without a bat or ball! So for this drill you need a ball and a wall.

What are the 6Cs? Watch me demonstrate the 6Cs drill.



Having a strong "mid section" (don't want to give anything away) is important for any athlete. As cricketers we need to be strong through the crease to bowl fast and have stability and strength to whack big 6's (not that I hit too many of those in my time!)

Give this one a go



Drinks breaks allowed. See if you can get to the magic 3 figures!

Rollin' Rollin' Rollin'

A Doughty Groundsman reminisces

I joined Carlton for the 1982 season and duly turned up at Grange Loan for nets on a chilly Tuesday evening ready to dazzle all with my twirlers. At my previous Club I had helped the groundsman and when Carlton's roller appeared, I had to confess that I was familiar with the model. So, my twirlers had to take second place and I spent my very first evening at the Club rolling the whole square.

Our roller has been trundling up and down for 54 seasons. Many hands have grasped its wheel. But nobody has found it the easiest vehicle to drive: the steering was very heavy, it oversteered when going in reverse and it was difficult to get it into and out of reverse gear.

This made it very difficult to make it go where you wanted and attempts to correct often just made things worse. Watching first attempts was amusing, with novice drivers regularly finding themselves on the strip next to the one they were attempting to roll. We could have sold tickets.

Getting it out of the garage could also be particularly tricky. One evening I arrived to find the roller stuck sideways between the side of the pavilion and a tree! A group of senior players stood looking sheepish, unable to give a sensible account of how it had got there, far less any constructive idea of how to get it out.

It took me well over an hour to sort that out. I have to confess that a modicum of bad language was necessary, and I broke more sweat than any of those frolicking in the nets that night.

In its first 54 years the roller was re-engined twice. But by the end of last season, although the engine was running fine, it had become difficult to start, the transmission system was consistently breaking down, the steering had become even heavier. While Brian Forrester's repainting made it look better, the paint job did not overcome these mechanical issues.

After investigation and identification of the most cost effective option, at the beginning of February the roller was sent off to be refitted.



When it came back – see photo above – we were unable to take it onto the ground because the ground was soaking – all very frustrating.

But we have since been able to roll the whole square half a dozen times or so. The difference is amazing, particularly the steering. Good for another 55 years! (Just like me!)



Simply the Best

Carlton President Andy Macpherson selects

Best player ever played with: ANDY JACKMAN - didn't always see the best of him at Carlton but he showed enough of his class

Best Captain: OMAR HENRY (Scotland B)

Seam Bowler: SHAHID ASLAM (Heriots)

Quick, fittest bowler ever and in one game against Carlton bowled 26 overs in a row! There were better bowlers but my favourite was RICHARD BANNERMAN (Carlton). Funny runup, not the best action but he was the best death bowler I played with or against.

Swing Bowler: ASIM BUTT (Edinburgh district)

Spinner: IAN BEVAN (Edinburgh district) a legend within Scottish cricket. Typical Aussie, hard on the park, first to share a drink afterwards

Best batter: IAN PHILIP (East district)

Best innings: ROBIN SINGH - first league game for Carlton, he scored a fantastic 100 to get us over the line in last over and with Richard Bannerman next in! (see below!)

Best WK: KEVIN WHITAKER (Carlton)

Kev was seriously good particularly standing up & ALEC DAVIES (Edinburgh district) made keeping look so easy.

The Big Hitters: ANDREW JACKMAN (Carlton) & ROBIN SINGH though I've not seen anyone hit it consistently as far as HUGO SOUTHWELL

Top Fielder: OMAR HENRY excelled in any position.

Best Number 11: RICHARD BANNERMAN (Carlton) - practiced his batting very seriously but never got any better!

Angriest Player: JIMMY GOVAN (Carlton and Dunfermline Carnegie)

TOP COMPETITORS: IAN BEVAN always stood up and wanted to bowl when the game was at its toughest. I only played with ALUN DAVIES (Carlton) at the end of his career but I saw enough to appreciate how tough a competitor Alun would have been in his prime. Again ROBIN SINGH & ANDY JACKMAN, they both hated losing like you would not believe!!

ooOoo

What about a Bailey's ?

Click [here](#) to see a skills drill from our very own Toby Bailey



Try it in the garden - the name of a reputable glazier can be supplied if necessary.

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This newsletter needs you - contributions and thoughts are welcome - just send to Newsletter@carltoncc.co.uk